



Yvette Raymond C.N.C.
Holistic Nutrition Consultants
30 N. Wilde Yaupon
The Woodlands, TX 77381
832.353.6641

Informed Consent for Holistic Consultation *(Must Be Completed and Returned By Client Prior To Treatment)*

Holistic Nutrition Consulting is the treatment and prevention of disease by natural means. Holistic Nutrition Consultants assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity.

Yvette Raymond C.N.C. (Certified Nutrition Consultant) does not practice medicine, and does not diagnose or treat diseases or medical conditions in the State of Texas. Yvette Raymond focuses your treatment on the enhancement of health. Yvette Raymond's C.N.C. services are not meant to substitute or replace those of a Texas- licensed medical professional(s) and/or specialist(s). Clients seeking her consultation are advised to be under the care of a Texas- licensed medical professional.

During your visit, Yvette Raymond C.N.C. will take a thorough case history and, when indicated, suggest outside laboratory testing independent of **UrbanNourish™**.

A number of different approaches may be used throughout the course of treatment. Treatment modalities include diet, lifestyle counseling, clinical nutrition (primarily via supplementation), botanical medicine, homeopathy, and colon hydrotherapy.

I, _____, hereby authorize Yvette Raymond C.N.C., of **UrbanNourish™**, to act in the following capacity as a **Holistic Nutrition Consultant**, utilizing one or more of the following treatment modalities as necessary:

Individual diets and nutritional supplements are recommended to address deficiencies, treat disease processes, and promote health. The benefits may include increased energy, increased gastrointestinal function, improved immunity, and general well-being.

Botanical medicine is a plant based medicine that involves the use of herbal teas, tinctures, capsules, and other forms of herbal preparations to assist in the recovery of well being.

Homeopathy is a form of medicine based on the Law of Similars- that is, the use of tiny doses of the very things that causes symptoms in healthy people. These minute doses of plant, animal, or mineral origins are used to stimulate the body's ability to heal itself. Homeopathy is a powerful tool that effects healing on a physical and emotional level.

Colon Hydrotherapy refers to the application of water, internally, in the treatment of disease and to stimulate the immune system.

Lifestyle counseling involves identifying risk factors and making recommendations to help optimize one's physical, mental, and emotional environment.

It is very important that you inform Yvette Raymond C.N.C. immediately of any disease process that you are suffering from as well as any medications (prescription or over-the-counter) that you are taking.

If you are pregnant, breast-feeding, taking anti-coagulant drugs (i.e. Coumadin), have a severe bleeding disorder (hemophilia), heart condition, diabetes, circulatory problems, blood clots, cancer/malignancies, bone disorders (osteoporosis, Paget's disease, Multiple Myeloma), metal implants or have a pacemaker, you should make that information known to Yvette Raymond prior to your consultation.

Special notice to pregnant women: Any female patient must alert Yvette Raymond C.N.C. as well as your Texas-licensed medical professional(s) and/or specialist(s) if or when you know or suspect that you are pregnant as one or more of the treatment modalities may present a risk to the pregnancy.

Potential health risks associated with Holistic Health Consulting include but are not limited to:

- Aggravation of pre-existing symptoms during the healing process.
- Allergic reactions to herbs and supplements.
- Interaction between herbs/supplements and pharmaceutical medications.
- Inconvenience of lifestyle changes.

Acknowledgement Agreement *Please initial*

_____I understand that, at this time, Texas does not offer licensing in the field of Holistic Nutritional Counseling and the services provided by Yvette Raymond C.N.C. to me may only serve as an integrative and/or complementary care consultation. Yvette Raymond C.N.C. is not licensed to practice as a Registered Dietician or act in this capacity in the state of Texas. **UrbanNourish™** services that you consent to are intended to be used in concert with and while you are under the care of Texas-licensed medical professional(s) and/or specialist(s).

_____I understand that Yvette Raymond C.N.C. will answer any questions that I have to the best of her ability. I understand that the results are not guaranteed. I do not expect Yvette Raymond C.N.C. to be able to anticipate and explain all risks and complications. With this knowledge, I voluntarily consent to diagnostic and therapeutic procedures mentioned above, except for (please list any exceptions):

_____ Any treatment or advice provided to me by Yvette Raymond C.N.C. of **UrbanNourish™** as a client is not mutually exclusive from any treatment or advice that I may now be receiving or may in the future from a Texas- licensed medical professional(s) and/or specialist(s).

_____ The treatment and therapies rendered or recommended by Yvette Raymond C.N.C. of **UrbanNourish™** may be different than those usually offered by a Registered Dietician or licensed health care provider.

_____ No independent contractor, agent, student or anyone else under Yvette Raymond of **UrbanNourish™** direction or control is suggesting or advising me to refrain from seeking or following the directions of a Texas-licensed medical professional(s) and/or specialist(s).

_____ I am at liberty to seek or continue medical care from a medical professional or specialist or other health care provider qualified to practice in Texas.

_____ I understand that it is my responsibility to seek and receive concurrent primary and specialty healthcare from a Texas-licensed medical professional(s) and/or specialist(s).

_____ I understand and agree that I will not make any changes to my current pharmaceutical regimen, as prescribed by my Texas-licensed medical professional(s) and/or specialist(s) without the consent and guidance of the prescribing Texas-licensed medical professional(s) and/or specialists(s). Yvette Raymond C.N.C. of **UrbanNourish™** may not advise me in this capacity and it is my responsibility to maintain active communication with my primary Texas-licensed medical professional(s) and/or specialist(s). Any change in my health status must always be directly communicated in person and/or in writing to my primary Texas-licensed medical professional(s) and/or specialist(s).

_____ I understand that a record will be kept of the health services provided to me by Yvette Raymond C.N.C. of **UrbanNourish™**. This record will be kept confidential and will not be released to others without my consent, unless required by law. I understand that I may look at my medical record at any time and can request a copy of it by paying the appropriate fee.

_____ I understand that all fees and supplements are to be paid for at the time of the consultation.

_____I understand that a fee will be charged (Missed Appointment Fee) for any missed appointments or cancellations with less than 24 hours notice.

I have read and understand the above-stated policies and information. I intend this consent form to cover the entire course of treatment for my present condition, realizing that no guarantees have been given to me by Yvette Raymond C.N.C. of **UrbanNourish™ Holistic Nutrition Consultants** or any of her and/ or the clinic's agents and/or independent contractors regarding cure or improvement of my condition. I understand that I am free to withdraw my consent to discontinue participation in these procedures at any time.

Client name (please print):

Client Signature:

Signature of Parent/Guardian*:

Date: _____

*In the case of a client under the age of 18.